

UPCOMING EVENTS

June 5th 5:00pm to 7:00pm – Cruisers for Christ
See Veronica Johnson for details.

June 6th 8am – Men' Paintball event Weare NH
See William Davidson for details.

June 7th Potluck Luncheon after the service
Please bring a dish to share and join us downstairs for a time of food and fellowship.

June 13th 9:30am to 11:30am – Pour Over
Ladies monthly event. Breakfast and childcare provided.
(Last Pour Over event for the summer – we will resume in September!)

June 19th 6pm – Barnett Taco dinner fundraiser A night of tacos to help raise funds to cover christian dance camp. See Kaiti for details.

June 20th 5:00pm to 8:00pm – Daddy Daughter Barn Dance
See Maddy Boulter for details.

PRAYER CONCERNS

May Focus: AWANA – Doug & Cindy Schoenheit

- ** Pray for our children's summer programs.
- ** Pray for Bruce Crocker as he is dealing with health issues.
- ** Pray for Scott Webber, Pastor Russ, Lou Lanseigne as they continue to recover from surgery.

BONUS POINTS

Pastor Ron's Weekly Email: Please text or email your email address to PastorRon@eppingbible.org to receive this wonderful weekly update!

Coffee Station: Please note that the coffee station will remain open for 15 minutes after the service is over.

Prayer Wall: Please visit our prayer wall in the lobby to share your Prayer Requests (left) and Praises (right). Confidential requests can be left in the prayer box under the prayer wall. One-on-one prayer meetings/calls are available upon request. Please see Liz Unger for more details.



EPPING BIBLE CHURCH

May 31, 2026

SUNDAY SCHEDULE

- 8:00 - 8:45 AM** – Free Breakfast
- 9:00 - 11:15 AM** – AWANA
- 9:00 AM** – Bible Emphasis Groups (B.E.G)
- 10:00 AM** – Morning Worship

THE WEEK AHEAD

- Bible Study at Steve & Leasa's (Merrimac, MA) – **Tuesday 6:00 PM**
- Pastor Ron's Wednesday Wisdom Waterings – **Wednesday**
- Small Group at Parsonage – **Wednesday 6:30 PM**
- Men's Small Group – See Pastor Russ – **Wednesday 7:00 PM**
- Couples Small Group – See Pastor Russ – **Saturday 8:00 AM**

CONTACT US

- Pastor Ron Townsend:** (603) 247-0405
- Associate Pastor Adam Chase:** (603) 479-2092
- Associate Pastor Russ Woolbright:** (817) 733-4656
(Discipleship & Counseling)
- Deacons:**
- Steve Palmer (508) 631-9406
- Mike Johnson (603) 303-5581

Just visiting today?

Please scan this QR code to fill out a Visitor's form!

*This can also be used to add or edit your record in our **church directory.***





10 Steps to the Life God Intended!

#4 How To Prevent **Burnout!**

“Remember the Sabbath day, to keep it holy.” Ex. 20:8

I. Use Sabbath to REST your B_____.

“but the seventh day is the Sabbath of the Lord your God. In it you shall do no work: you, nor your son, nor your daughter, nor your male servant, nor your female servant, nor your cattle, nor your stranger who is within your gates.” Ex. 20:10

II. Use Sunday to R_____ your Emotions.

“In the multitude of my anxieties within me, Your comforts delight my soul.” Psa. 94:19

* Q_____.

“For thus says the Lord God, the Holy One of Israel: “In returning and rest you shall be saved; In quietness and confidence shall be your strength.” But you would not,...” Isa. 30:15

“Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth!” Psa. 46:10

“He makes me to lie down in green pastures; He leads me beside the still waters. 3 He restores my soul; He leads me in the paths of righteousness for His name’s sake.” Psa. 23:2-3

* F_____.

“Live joyfully with the wife whom you love all the days of your vain life which He has given you under the sun, all your days of vanity; for that is your portion in life, and in the labor which you perform under the sun.” Eccl. 9:9

* F_____.

“not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another, and so much the more as you see the Day approaching.” Heb. 10:25

III. Use Sunday to RE_____ Your Spirit!

“I was glad when they said to me, “Let us go into the house of the Lord.” Psa. 122:1

1. W_____ in God’s house!

“Oh come, let us worship and bow down; Let us kneel before the Lord our Maker.” Psa. 95:6

2. Make Sunday a Day of G_____!

“Enter into His gates with thanksgiving, and into His courts with praise. Be thankful to Him, and bless His name.” Psa. 100:4

3. P_____ for Sunday...Saturday night!

“God called the light Day, and the darkness He called Night. So the evening and the morning were the first day.” Gen. 1:5