

Thoughts of the week



Psalm 28

“⁶ Blessed *be* the LORD, Because He has heard the voice of my supplications!
⁷ The LORD is my strength and my shield; My heart trusted in Him, and I am helped;
Therefore my heart greatly rejoices, And with my song I will praise Him.

(My heart leaps for joy, and with my song I praise him.)



⁸ The LORD is their strength, And He is the saving refuge of His anointed. ⁹ Save Your people, And bless Your inheritance; Shepherd them also, And bear them up forever.”

6 “Praise be to the Lord, for he has heard my cry for mercy. 7 The Lord is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him. 8 The Lord is the strength of his people, a fortress of salvation for his anointed one. 9 Save your people and bless your inheritance; be their shepherd and carry them forever.”

Praying and Fasting Spiritual discipline: Thoughts of the week.

HE IS:

✓ A Hearing God

David knew that God answered his prayer, perhaps even before the answer was in hand. “It is a modern refinement in theology which teaches that no man can know when God hears and answers his prayers.... True religion knows nothing of these abominations; it teaches its votaries to pray to God, to expect an answer from him, and to look for the Holy Spirit to bear

witness with their spirits that they are the sons and daughters of God.”
(Clarke)

HE IS:

✓ **A Trustworthy God**

- He helps us
- He strengthens us

“My dear friend, if you can say, ‘The Lord is my strength,’ you can bear anything and everything. You could bear a martyr’s death if the Lord should be your strength. He could make a stalk of wheat to bear up the whole world if he strengthened it.” (Spurgeon)

- He shepherds us

Raah [shepherd] signifies both to feed and to govern.

- He carries us

God’s constant, sustaining presence

“Jesus does not simply lead us to green pastures and still waters...He bears us up, and He does so for ever. Never tiring, though He imparts infinite rest; never ceasing for a moment his shepherd-care.”- F.B.Meyer

HE IS:

✓ **A Joy Producing God**

This praise was founded on a reason, indicated by the word because. “Real praise is established upon sufficient and constraining reasons; it is not irrational emotion, but rises, like a pure spring, from the deeps of experience.” (Spurgeon)

Psalm 30:11, 12-

**¹¹You have turned for me my mourning into dancing;
You have put off my sackcloth and clothed me with gladness,
¹²To the end that *my* glory may sing praise to You and not be silent. O Lord my God, I will give thanks to You forever.**



The psalm started with a plea for *personal* help and rescue, but by the end of the psalm, David's concern is for the LORD's people as a whole. "Whatever is dear to the loved one is dear to the lover. You cannot love the pastor without taking a keen interest in all that interests him, and especially in the sheep of his pasture, and the people of his hand. Hence when you are nearest the Lord, you are almost certain to begin pleading for his inheritance, and saying: 'Save thy people; bless them, feed them, and lift them up forever.'" (Meyer)

Stir up the Gift!

HE IS:

✓ **A Constant God**

III.- walking and discovering a beautiful stream he never saw before.

II. to wake up, awaken, arouse (from sleep)

1. of the sea, which begins to be agitated, to rise
2. metaph.

- A. to arouse the mind
- B. stir up, render active

διεγείρω diegeirō, dee-eg-i'-ro; from G1223 and G1453; to wake fully; i.e. arouse (literally or figuratively):—arise, awake, raise, stir up.

Matthew 11: - 4 Jesus answered and said to them, “Go and tell John the things which you hear and see: 5 *The blind see and the lame walk; the lepers are cleansed and the deaf hear; the dead are raised up and the poor have the gospel preached to them.* 6 And blessed is he who is not offended because of Me.”

Romans 6:4- Therefore we were buried with Him through baptism into death, that just as Christ was raised from the dead by the glory of the Father, even so we also should walk in newness of life.

□ [2 Peter 1:13](#)

Yea, I think it meet, as long as I am in this tabernacle, to stir you up by putting *you* in remembrance;

□ [2 Peter 3:1](#)

This second epistle, beloved, I now write unto you; in *both* which I stir up your pure minds by way of remembrance:

➤ **Only one life will soon be past, only what’s done for Christ will last.**

➤ **Only two choices on the shelf, pleasing God or pleasing self.**

²⁴ And let us consider *and* give attentive, continuous care to watching over one another, studying how we may stir up (stimulate and incite) to love *and* helpful deeds *and* noble activities, ²⁵ Not forsaking *or* neglecting to assemble together [as

believers], as is the habit of some people, but admonishing (warning, urging, and encouraging) one another, and all the more faithfully as you see the day approaching.- Amplified, classic edition